



2021-2022

## HEALTH & PHYSICAL EDUCATION GRADES P-12 MAJOR, B.S.

Science & Health Department; School of Science, Health & Mathematics

Health and Physical Education is a major that certifies a student to teach health and physical education in primary through grade twelve, as well as provide access to a variety of other job opportunities. The main reason students choose this major is to teach health and physical education in the public or private school system. Students who want to coach a particular sport in the school setting are required in many states to be employed in the school system in which they are coaching. The employment combination of teaching and coaching is a common opportunity in education today.

*To graduate must complete all major requirements, foundational requirements, and additional electives needed for 124 hour minimum degree requirement. This program may require more than 124 credits for a degree due to specific requirements.*

### MAJOR REQUIREMENTS (83)

|      |     |     |                                       |
|------|-----|-----|---------------------------------------|
| __ 2 | ED  | 200 | Intro to Education                    |
| __ 1 | ED  | 201 | Struct Inquiry Clinical               |
| __ 2 | ED  | 220 | Tech for Education                    |
| __ 2 | ED  | 230 | Human Growth/Development              |
| __ 1 | ED  | 301 | Guided Inquiry Clinical               |
| __ 3 | ED  | 320 | Exceptional Learner                   |
| __ 3 | ED  | 385 | Read/Writing Across Curriculum        |
| __ 1 | ED  | 401 | Open Inquiry Clinical                 |
| __ 3 | ED  | 405 | Learning/Perform Assess               |
| __ 2 | ED  | 410 | Classroom Management                  |
| __ 3 | ED  | 422 | Instruct Teaching PE (P-12)           |
| __ 2 | ED  | 428 | Interventions/Differentiation         |
| __ 6 | ED  | 498 | Student Teaching                      |
| __ 6 | ED  | 499 | Student Teaching                      |
|      |     |     |                                       |
| __ 3 | EXS | 200 | Foundations of Health/EXS             |
| __ 3 | EXS | 350 | Phys Fitness Assessment               |
| __ 3 | EXS | 371 | Motor Learning/Development            |
| __ 4 | EXS | 431 | Kinesiology/Biomechanics __ Lab       |
| __ 3 | HC  | 250 | Intro to Public Health*               |
| __ 3 | HC  | 320 | Health Promo & Programs I*            |
| __ 3 | HC  | 410 | Human Behavior & Health Intervention* |
| __ 3 | HED | 231 | Injury Care & Safety                  |
| __ 3 | HED | 282 | Community/Environ Health              |
| __ 3 | HED | 312 | Nutrition for Health/Perform          |
| __ 2 | HED | 322 | HPE in Elementary School              |
| __ 3 | PED | 200 | Intro to Coaching                     |
| __ 1 | PED | 205 | Coaching Practicum I                  |
| __ 3 | PED | 360 | Sport Skills I                        |
| __ 3 | PED | 361 | Sport Skills II                       |

Complete one Statistics course:

|      |     |     |                              |
|------|-----|-----|------------------------------|
| __ 3 | PED | 461 | Stats/Evaluation PE/ EXS     |
|      | PSY | 315 | Stats for Behavioral Science |

### PLUS FOUNDATIONAL REQUIREMENTS (47)

(Foreign Language not required for B.S. HPHE majors. Degree becomes B.A. with completion of Foreign Language.)

### Plus electives if needed for the 124 hour degree requirement

\*HC courses offered online.